

Our Studio

A Creative Collaborative Community Space

Fall 2021

OUR STUDIO IN-PERSON PROGRAMS

We are looking forward to offering in-person programming once again in a safe and controlled environment - in our NEW SPACE! (Details coming soon!) Participants will be expected to self-screen each morning before coming to program and will be asked to stay at home if they are exhibiting any symptoms. Cleaning will take place often throughout the day and participants will be required to be masked, except when eating lunch and physical distancing

Program	Day	Time	Cost (plus HST)
Open Arts Studio * Through drama, art and music, we will focus on storytelling and building relationships, games, and community engagement. When it's safe to do so. Due to COVID-19 health guidelines, this program is limited to 8 people per day. *This program will be invoiced for the upcoming month - payment will be required in advance of the start of the program	Mondays & Thursdays (to start week of Sept 13)	9:30 am - 3:00 pm	Mondays \$320 per month Thursdays \$320 per month

VIRTUAL CONNECTIONS

For those who enjoy connecting virtually via Zoom, we will still be offering the following opportunities to connect with others and have some fun.

Program	Day	Time	Cost (plus HST)
Games Connection* Join us to share songs and stories. We gather by Zoom daily to learn a group song together and work on solos based on our theme	Tues, Wed, & Fri	1:00 pm - 2:00 pm	\$140 per month (includes all 3 days each week)
Singing Connection* Like to sing? Want to spend some time with others who like to sing too? Come join us as we learn new songs together and work together towards a themed group performance.	Tues, Wed, & Fri	1:00-2:30 pm	\$240 per month (includes all 3 days each week)
Friend Zone Feeling lonely? Join your home with ours in this nurturing space to build friendships. These facilitated sessions are about deepening relationships through social/emotional activities. Expect laughter, stories and great friends!	Thursdays	6:30 pm - 8:00 pm	\$20/night
Karaoke Party Feeling Groovy? Then come share your favourite songs with the most welcoming and positive audience! Sing your heart out!	Saturdays	7:00 pm - 9:00 pm	\$20/night

*This program will be invoiced for the upcoming month - payment will be required in advance of the start of the program

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GET MOVING!

Program	Day	Time	Cost (plus HST)
Healthy Fit Zone Join us to learn about making healthy choices and explore different ways to stay active and keep our bodies moving! In each session we will: set & share active living goals explore new ways to be physically active and participate in 2 sessions of activity (eg. yoga, line dancing, zumba, aerobics).	Wednesdays	6:30-8:00 pm	\$20/session

IMPORTANT INFORMATION

REGISTRATION

Monthly Programs

Registration is required for all monthly programs. Invoices will be sent out at the end of the month for the upcoming month.

Please register using this form: <https://forms.gle/krByLcUmYx9vKRVF7>

Drop-In Programs

No registration is necessary - just pop into the Zoom link!

Attendance will be recorded and invoices will be sent out at the end of the month.

Payment

Payments are due upon receipt of the invoices. We gladly accept cheques, Interac e-transfers or credit card. All of our programs meet the criteria for the Passport Program so Passport funding may be used to pay for these programs. If you would prefer we invoice a direct payment agency directly, please chat with us so we can make those arrangements.

Find us on Zoom!

We conveniently use the same Zoom link for all of our virtual programs so you can always find us! Each session will be facilitated by one or two of our fabulous facilitators to ensure everyone's success and participation.



CONTACT US!

Have questions or need to contact us? Please feel free to reach us anytime and we will be more than happy to help you!